



GELASTIN® intens Sport

With FORTIGEL® collagen peptides
Food supplement with vitamin C and magnesium
Lime flavour

Useful information: GELASTIN® *intens* Sport is a nutritional supplement with an extra high share of collagen. Collagen is an organic component of the connective tissue of bones, joint cartilage, tendons, ligaments and the skin. FORTIGEL® is rich in the exact collagen building blocks that are also found in cartilage. It has a very small, standardised particle size and can therefore be absorbed very well by the body (high bioavailability). Regular exercise and daily consumption of GELASTIN® *intens* Sport mutually benefit each other. GELASTIN® *intens* Sport has been specially developed for people who actively do sport.

- FORTIGEL® collagen peptides are obtained from long-chain collagen by means of hydrolysis.
- They have high bioavailability and can therefore be absorbed very well by the body.
- With magnesium, vitamin C, vitamin E, vitamin B6, thiamine, folic acid and vitamin B12
- Highly concentrated gel for direct consumption
- Tasty lime flavour

Ingredients: Water, Collagen Peptides (10 g = 41.7 %) from animal raw materials, Fructose, Magnesium, Citric Acid (acidifier), Natural Lime Flavouring, Gelling Agents: Guar Gum and Xanthan Gum, Vitamin C, Vitamin E, Vitamin B6, Thiamine (Vitamin B1), Folic Acid, Vitamin B12.

Nutrients	per 100 g	per portion/24 g	NR % in 24 g
Calorific values	925 kJ 218 kcal	222 kJ 52 kcal	
Fat	0 g	0 g	
- of which saturated fatty acids	0 g	0 g	
Carbohydrate	10.6 g	2.5 g	
- of which sugars*	10.6 g	2.5 g	
Protein	40 g	9.7 g	
Salt	0.004 g	0.001 g	
Magnesium	625 mg	150 mg	40 %
Vitamin C	142 mg	34 mg	43 %
Vitamin E	50 mg	12 mg	100 %
Vitamin B6	5.4 mg	1.3 mg	93 %
Thiamine	3.8 mg	0.9 mg	82 %
Folic acid	833.3 µg	200 µg	100 %
Vitamin B12	20.8 µg	5.0 µg	200 %

* In the form of fructose

NRV: Nutrient Reference Value - according to the (EU) directive 1169/2011

Recommended consumption: Take one sachet (24 g) daily with a little water. It should be taken regularly over a longer period of at least 3 months.

Store in a cool, dry place. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contains 30 daily sachets of 24 g

Total weight 720 g

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