



## Organic Hemp Protein Flakes

These hemp protein flakes from controlled organic cultivation are a 100% gift from nature! Their high fibre content and pure vegetable protein make them an interesting alternative in terms of a varied, balanced diet. With their mildly tart, slightly nutty flavour and crunchy texture, they are ideal as a snack, but also as a baking ingredient, in muesli, smoothies or as a soup garnish. Careful, gentle production guarantees that the valuable ingredients are preserved in the best possible way. Bring variety into your diet with organic hemp protein flakes from Kräuterhaus Sanct Bernhard!

**Ingredients:** 100% hemp protein flakes from controlled organic cultivation.

Our organic hemp protein flakes should not be heated above 180°C. Not suitable for children and for breastfeeding and pregnant women.

Average nutritional values	per 100 g
Calorific content	1699 kJ / 405 kcal
Fat	15 g
- of which saturated fatty acids	2 g
Carbohydrate	18 g
- of which sugars	6 g
Dietary fibres	8 g
Protein	62 g
Salt	0 g



DE-ÖKO-001  
Non-EU agriculture

Store cool, dry and out of direct sunlight.

### Contents 250 g

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