



Morning Moments Blend of Spices

for porridge, oats and desserts

Our porridge spice “Morning Moments” is simply perfect for anyone who wants to start the day with a warm, cosy moment. The harmonious blend of Ceylon cinnamon, turmeric, real bourbon vanilla, ginger, nutmeg and a hint of orange gives your porridge a spicy-sweet flavour with a gentle heat and a delicate fruity-fresh note. Thanks to the versatility of our carefully selected ingredients, our spice is also suitable for flavouring coffee, biscuits and hot chocolate to conjure up a touch of cosiness and an exotic feel at any time.

Ingredients: Ceylon cinnamon*, Turmeric*, Ginger*, Orange Juice concentrate (Maltodextrin, Orange juice concentrate, Citric acid [acidifier]), Bourbon vanilla, Nutmeg*.

***from controlled organic cultivation. DE-ÖKO-001**

87 % of ingredients from an agricultural origin have been obtained according to the basic regulations for ecological cultivation.

Average nutritional values	per 100 g blend of spices
Calorific content	1331 kJ/317 kcal
Fat	3.3 g
of which <i>saturated</i> fatty acids	< 0.1 g
Carbohydrates	55 g
of which sugars	17 g
Dietary fibres	21 g
Protein	6 g
Salt	0.06 g

Recommended use: Stir 1 slightly heaped teaspoon for a portion of porridge (approx. 150-180 g) or 1 level teaspoon into 150 g yoghurt.

Close properly and store in a dry place.

Contents 100 g

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