Der Spezialist für Naturheilmittel und Kosmetik. Seit **1903** im Dienste der Gesundheit.



Collagen Vital Complex Plus

Kräuterhaus Sanct Bernhard

Food supplement with collagen hydrolysate (Fortigel®, Bodybalance®, Tendoforte®), glucosamine, chondroitin, vitamin C and minerals

Useful information: A healthy, vital, powerful feeling - that is what Collagen Vital Complex Plus can offer you! As a so-called structural protein, the body's own collagen, known in specialist circles as collagen, gives bones, joints, muscles and tendons support, strength and elasticity. With three different branded collagens (Fortigel®, Bodybalance®, Tendoforte®) and a combination of valuable vital substances such as vitamin C, magnesium, zinc, manganese, glucosamine and chondroitin, this unique food supplement is a real benefit for muscles, bones and joints. In particular, people of advancing age who want to remain physically and athletically active benefit from the proven effect of the ingredients, of which only a few should be mentioned here:

- Vitamin C contributes to normal collagen formation, which is important for normal bone, cartilage and blood vessel function.
- Manganese contributes to maintaining good bones and to connective tissue growth.
- Magnesium reduces tiredness and fatigue and supports normal muscle function.

Collagen Vital Complex Plus can be easily and conveniently taken once a day as a drinking powder.

Ingredients: Collagen Hydrolysate (84%), Dextrose, Trimagnesium Citrate, **Glucosamine Sulphate from Crustaceans** (3%), Chondroitin Sulphate (1%), Flavouring, Citric Acid (acidifier), Vitamin C, Zinc Citrate, Silicon Dioxide (separating agent), Manganese Sulphate.

| | per sachet (=daily dose) | % of NRV recommended daily dose* | per 100 g powder |
|----------------------|-----------------------------|-------------------------------------|---------------------|
| Collagen hydrolysate | 21 g | ** | 84 g |
| Glucosamine Sulphate | 800 mg | ** | 3 g |
| Chondroitin Sulphate | 300 mg | ** | 1 g |
| Vitamin C | 80 mg | 100 | 0.3 g |
| Magnesium | 155 mg | 41 | 0.6 g |
| Zinc | 10 mg | 100 | 0.04 g |
| Manganese | 2 mg | 100 | 8 mg |

*NRV = Nutrient Reference Value for daily consumption according to Regulation (EU) No. 1169/2011 ** no reference value available yet

Recommended use: Dissolve the contents of one sachet (25 g) in 300 ml water, stir and drink 1 x daily.

Persons with limited glucose tolerance or taking cumarin-anticoagulants should consult their doctor before taking. Not suitable for children and for breastfeeding and pregnant women.

Keep dry and out of direct sunlight. Store below 25°C. Nutritional supplements should not be used as a replacement for a balanced, varied diet, and do not replace a healthy lifestyle. Keep out of reach of young children. Do not exceed the recommended daily dose.

Made in Germany

Contents 30 x 25 g sachets Total weight 750 g

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