



Cinnamon Capsules

Nutritional supplement
with Chrome and Zinc

Good to know:

Cinnamon is one of the oldest herbs in the world. The brown, aromatic powder made from the bark of the cinnamon tree has been considered very valuable for thousands of years. We also have included the trace elements chrome and zinc. Chrome helps maintain a normal blood sugar level. Zinc helps maintain a proper carbohydrate metabolism and a normal, good eyesight.

Ingredients: Cinnamon Extract (38 %), filler Calcium Carbonate, Gelatin, filler Corn Starch, Zinc Gluconate, filler Maltodextrin, release agent Magnesium Stearate, Chromium (III) Chloride.

Each capsule contains 200mg of cinnamon concentrate 10:1, corresponding to 2,000 mg cinnamon, 50 µg chrome and 3.5 mg zinc.

	per capsule	per daily dose (2 capsules)	% of the recommended daily requirement NRV*	per 100 g capsules
Aqueous cinnamon extract 10:1	200 mg	400 mg	**	38 g
Chrome	50 µg	100 µg	250	9 mg
Zinc	3,5 mg	7 mg	70	657 mg

* NRV = Nutrient reference value for the daily intake according to VO (EU) No. 1169/2011

**No reference value has yet been established

Suggested use: Take 1-2 capsules daily with sufficient liquid. The capsules should be swallowed.

Store in a dry place below 25°C.

Nutritional supplements should not be used as a substitute for a varied, healthy diet and do not replace a healthy lifestyle. Keep out of reach of young children. The recommended daily dose should not be exceeded.

Made in Germany

Contents 180 capsules = 94 g

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